



CENTRAL OTAGO FOOTBALL ASSOCIATION **RULES AND GUIDELINES**

Last updated: Mar 2010

THE REFEREE'S DECISION IS FINAL IN ALL GRADES.

FIFA LAWS APPLY (see website for full FIFA laws) WITH THE FOLLOWING EXCEPTIONS:

UNDER 6 GRADE

- Under 6 players must be 5 years old before July 1st in the current season.

UNDER 8 GRADE

- No offside
- Throw ins: please encourage retakes where applicable with no penalty
- Direct free kicks where blatant fouls occur
- Handball: 'play on' & warning given with no penalty unless the offense is blatant
- Goalkeeping: can pass back & goalkeeper allowed to pick up to kick
- Coaches allowed on the pitch but must not interfere with play
- Goal kicks: goalkeeper is allowed the start with ball in hand & can throw or drop-kick from within the box

UNDER 10 GRADE

- Off side rules apply. Some leniency to be given.
- Important note: FIFA laws state that a player is not offside unless they become active ie being in an offside position does not always result in a free kick for offside. A free kick should only be given when a player in an offside position then influences play, either by touching the ball or blocking a player's run or vision. Referees should always advise players of any occasion when they stray into an offside position.
- Throw ins: referees to advise of the reasons for a foul throw & allow one retake. A second offense will result in the throw passed to opposition.



TEAM LISTS:

Each club will make available to COFA their team lists at the start of the season. Any transfers or variations from these need to be notified to the COFA committee as soon as possible and must be approved by them.

USE OF LOAN PLAYERS:

1. A team may only loan players if they have insufficient numbers to make up a full team. A team may not have a loan player on the pitch while a registered team player is available on the bench.
2. A team may loan up to three players. The opposition coach must be informed of which players are loan players prior to the game starting and they must be noted on the game card. Failure to do either will result in the forfeiture of the game with a default 3-0 score recorded. A team loaning more than three players will automatically forfeit the game with a default 3-0 score recorded.
3. No Central Otago Representative or Federation player may be a loan player

TEAM CARDS:

On COFA match days, each coach will be required to complete their team details on a match card for each game. Details to include team name, grade, team members' names, and numbers (if applicable). Failure to provide these details will result in forfeiture of the game with a default 3-0 score recorded.

One card is provided per game. Referee to record the score on the card and sign (if two referees, both must sign). Referee to return card to the Scorer's desk at the Canteen directly after game has concluded.

INCIDENT PROCEDURES:

1. Complaint must be in writing (to be received by the club as soon as possible after the alleged incident).
2. Complaint must go to complainant's own club committee. Club must respond within 14 days of first receiving complaint.
3. If matter cannot be resolved through own club, complainant must then send it to the COFA committee. COFA must respond within 21 days of first receiving complaint.



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GENERAL INFORMATION

	<i>U6</i>	<i>U8</i>	<i>U10</i>	<i>U12</i>	<i>U14</i>	<i>U16</i>
Goal Size(m)	<i>Popup Goals</i>	<i>1.85x3.6</i>	<i>1.85x3.6</i>	<i>2.0/2.1x5.5</i>	<i>2.4x7.3</i>	<i>2.4x7.3</i>
Pitch Size(m)	<i>25x15*</i>	<i>50x30</i>	<i>60x40</i>	<i>80x60</i>	<i>90x70</i>	<i>90x70</i>
Penalty Area (m)	<i>16.5x9.2</i>	<i>16.5x9.2</i>	<i>16.5x9.2</i>	<i>42 x 16</i>	<i>42x16</i>	<i>42x16</i>
Penalty Spot (m)	<i>7</i>	<i>7</i>	<i>8</i>	<i>8</i>	<i>10</i>	<i>11</i>
Team Size(aside)	<i>5</i>	<i>6</i>	<i>7</i>	<i>9</i>	<i>11</i>	<i>11</i>
Ball Size	<i>3</i>	<i>3</i>	<i>4</i>	<i>4</i>	<i>5</i>	<i>5</i>
Playing Time (minutes per half)	<i>10</i>	<i>15</i>	<i>20</i>	<i>25</i>	<i>30</i>	<i>40</i>

* U6 – Or 30m x 20m (or whatever a club can manage if space is limited).

Notes

These are the official guidelines for 2010.

If you need new goals, please stick to these guide lines. You are not required to alter existing goals.

As for the pitches: If possible stick to these guidelines but if space is limited you can alter your local pitches slightly.

You are not required to change your existing pitches.